MH Message Format

Typical message:

```
Date: Mon, 23 Aug 1993 10:12:45 -0600
From: Guillermo Frates <gfrates@unmal.mx>
     ...other header components...
To: Jerry Peek <jerry@ora.com>
Subject: After your MH presentation

Both Eduardo and I will be there, Jerry.
Do you have time for dinner that evening?
```

Header: Contents set by user, should follow standards

Body: ASCII or multimedia (MIME) text. Separated from header by empty line.

1.1 1993/08/29