Simple mhl Format File

Parts:

- Global variables
- Specific header components to display, in order
- Body

```
overflowtext="***",overflowoffset=5,compwidth=9
ignores=msgid,message-id,received,return-path
Date:formatfield="%(pretty{text})"
From:
To:
cc:
Subject:
extras:nocomponent
:
body:nocomponent,overflowtext=,overflowoffset=0
```